Mentor: Niki H Bilton

Trained at the College of Traditional Acupuncture in Warwickshire, England (1979-1988), Niki has maintained a private practice since 1982 and a clinical consultancy service since 1989. She served for many years as a lecturer, clinical supervisor and Dean of Graduate Studies at the UK college, currently teaches in England, Europe and the USA, and is the Academic Dean at Ongiara College of Acupuncture and Moxibustion, Ontario, Canada. Niki is one of the most experienced international tutors of Five Element Acupuncture, able to transform the magic of Daoist classical theory into 21st century clinical application.

"Niki is an empowering and positive teacher with particular skills in bringing an immediate awareness of the elements into practical treatment protocols, and helping practitioners discover within themselves the potency of the inner practitioner."

College of Traditional Acupuncture UK website, CPD publicity

Niki H Bilton MAc (UK), MBAcC (UK), L.Ac (MD)

Five Element Clinical Internship

On completion of the Five Element Mentorship Program, participants will have the option of continuing their five element studies in a clinical setting, treating and observing patients with extensive mentor guidance for a further 3-6 months.
Full details will be provided during the Program.

1198 Ridge Road N
Ridgeway
ON L0S 1N0

PROGRAM IS SPONSORED BY
ONGIARA COLLEGE OF
ACUPUNCTURE AND MOXIBUSTION &
TENDINGSHEN INC

FIVE ELEMENT MENTORSHIP PROGRAM

Presented by

Niki H Bilton

MAc (UK), MBAcC (UK), L.Ac

DESIGNED FOR PRACTITIONERS WHO WISH TO EXPLORE THE THEORY AND PRACTICE OF FIVE ELEMENT ACUPUNCTURE

Phone: 905-894-1323

Email: jl@ongiaracollege.ca
www.ongiaracollege.ca

This program is open to . . .

All acupuncturists and other complementary or allopathic medical practitioners who have been trained to use acupuncture within their scope of practice. It is tailor-made for practitioners using TCM or Japanese protocols who wish to expand their understanding of classical perspectives and the clinical treatment of bodymindspirit through a five element approach.

Structure of the program. . .

The Five Element Mentorship Program requires a commitment to attend 4 sessions of three days duration and 5 sessions of two days duration over eighteen months. Sessions will be balanced between morning classes that explore and discuss theoretical information with afternoon classes focused on practical exercises and skill development, allowing for ease and immediacy of learning.

Each day will run from 9.30am to 5.30pm, with class breaks from 11-11.30am and 3.30-4pm, and lunch breaks from 1-2pm.

Participants will be given suggested reading and clinical assignments to guide their studies and clinical practice between sessions.

Participants will also be asked to submit questions in advance of specific topics, so that the program can fully address the individual interests and concerns of the participants.

Session 1: Sat-Mon 19th-21st November 2011 (3 days)
Session 2: Sat-Sun 21st-22nd January 2012 (2 days)
Session 3: Sat-Sun 17th-18th March 2012 (2 days)
Session 4: Sat-Sun 12th-13th May 2012 (2 days)
Session 5: Sat-Mon 23rd-25th July 2012 (3 days)
Session 6: Sat-Mon 17th-19th November 2012 (3 days)
Session 7: Sat-Sun January 2013 (2 days) dates tba
Session 8: Sat-Sun March 2013 (2 days) dates tba
Session 9: Sat-Mon May 2013 (3 days) dates tba

905-894-1323 or jl@tendingshen.com

The program will present, explore and expand upon the clinical significance of:

- the classical roots of five element acupuncture
- the concepts of health and disease within five element acupuncture, including one's proper nature (*xing*) and destiny (*ming*)
- Dao, *yinyang*, HeavenEarthMan, the four seasons, the five elements and *wuxing* correspondences
- the five spirits (*shen*) and the five wills (*zhi*); *zheng* (regulatory) *qi* versus *xie* (pathogenic) *qi*
- the nature (spirit/essence) and clinical application of individual acupuncture points, based on the imagery of the characters
- point groupings including windows of the sky, the four seas, time and seasonal horaries
- diagnosis of the CF and withins through CSOE, including the dynamics of congruent energetic invitations
- elegant treatment of the CF and withins (the five phases within each individual)
- the interrelationships of the twelve officials in the eleven positions, both in the regulation and maintenance of life and in the creation of health hazards
- diagnosis of the twelve officials, referencing the 28 pulse qualities, and appropriate treatment in light of CSOE
- diagnosis and treatment of *jingluo* channels (primary, divergent, *luo*, sinew and the *ren* and *du mai*), including exit/entry blocks and *akabanis*
- diagnosis and treatment of the *sheng* and *ke* cycles, including transfers and the four needle technique
- the nature of specific protocols used in five element acupuncture, including IDs/EDs for specific *ying qi* pathologies, AE for *wei qi* pathology, and H/W for a fundamental *yinyang* imbalance
- five element treatment techniques and tools, including needling and moxibustion applications
- adjunct aids to five element treatment, including structural acumoxa, ginger and salt compresses, first aid remedies, derma rollers and seven star hammers
- patient education based on five element principles of health and nutrition
- patient consultations highlighting the integrated treatment of bodymindspirit conditions
- dynamics of the patient-practitioner relationship, including ethical and liability issues
- inner cultivation of the practitioner, the spirit of reflective practice and critical inquiry

Venue

Ontario, Canada: Sessions will be held in a combination of venues in Toronto, St Catharines, Fort Erie and Ridgeway, depending in part on the home bases of enrolled participants.

Cost

OPTION A: advanced registration discount

- one payment of $2,475.00 to be received by 1st August 2011 (total cost: $2,475.00 = $112.50 per day)

or

OPTION B: payment in full

- non-refundable deposit of $500.00 to be received by 1st August 2011
- balance of $2,250.00 due by 1st November 2011 (total cost: $2,750.00 = $125.00 per day)

or

OPTION C: payment in two installments:

- non-refundable deposit of $500.00 to be received by 1st August 2011
- first payment of $1,262.50 due by 1st November 2011
- second payment of $1,262.50 due by 1st July 2012 (total cost: $3,025.00 = $137.50 per day)

or

OPTION D: Payment in three installments:

- non-refundable deposit of $500.00 to be received by 1st August 2011
- first payment of $950.00 due by 1st November 2011
- second payment of $950.00 due by 1st May 2012
- third payment of of $900.00 due by 1st January 2013 (total cost: $3,300.00 = $150.00 per day)

or

- Other payment plans may be available by arrangement with TendingShen.

Refund Policy

Cancellation prior to 1st November 2011 will result in a full refund minus the $500.00 non-refundable deposit. In case of withdrawal after 1st November 2011 and before 1st July 2012, prorated tuition paid in advance for Sessions 5-9 minus the $500.00 non-refundable deposit will be reimbursed. No reimbursement will be made for withdrawal after 1st July 2012.

CEU/PDA certification

This program is pending approval by the California Acupuncture Board for 6 hours per day of continuing education units in Category 1 (provider # 417), and pending 6 PDA points per day from the NCCAOM (provider # 807).